



Alabama Pre/Post Adoption Connections

SPRING 2016

ISSUE 44

APAC is a collaborative effort between **Children's Aid Society** and the **Alabama Department of Human Resources** to provide education and supportive services to strengthen and empower Alabama's adoptive families.

INSIDE THIS ISSUE:

A Note from the Director	2
But I Don't Like Chocolate!	3
You're Doing What? A Relative and Friend's Experience	4-5
APAC Library/ Webinars	6
Counselors Corner	7
Reaching Abroad	8
AFG Groups	9
Waiting Children	10-11

THREE SISTERS GARDEN

Every March when the weather starts warming up, I look forward to starting my next spring garden. I dream of having bright colors in the flower beds and freshly grown veggies for my summer table. I love getting my hands dirty, and I love seeing the young plants grow bigger and thrive. Gardening is a comforting and joyful pastime, and I enjoy meditating on the interdependence that we find in nature.

Nature is filled with examples of interdependence, the perfect balance of giving and taking. This balance has been noticed for thousands of years by those who live in close relationship with the earth. Native Americans used interdependent planting methods for growing healthy, productive crops. The Iroquois had been using a method called the Three Sisters Garden for centuries prior to the first English settlers arriving in North America.

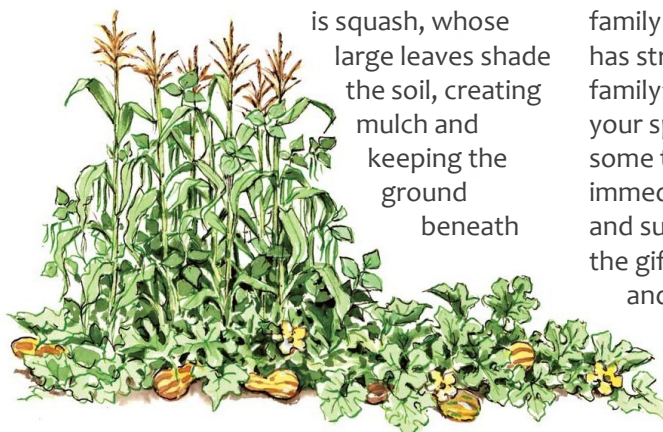
The three sisters are three interdependent crops, which were always grown together, eaten together and celebrated together. The eldest sister is corn, whose tall stalks offer both support and shade. The giving sister is beans, which pull nitrogen from the air and use it to benefit all three. The smallest sister

is squash, whose large leaves shade the soil, creating mulch and keeping the ground beneath

cool and moist. As the beans grow up through the tangle of squash vine, using the corn as a stake, the beans hold the three sisters close together. The squash plant's prickly leaves keep animals at a distance. Together, the three sisters create a sustainable growing environment for each other.

Psychologists also categorize human relationships into two groups: codependent relationships and interdependent relationships. Unhealthy codependent relationships exhibit an imbalance of giving and taking. Interdependent relationships are considered the healthiest and most beneficial. Although each member in this type of relationship is capable of autonomy, they join together by choice. They share power equally and require each member to use its strengths to support the others. Members of an interdependent relationship choose to intertwine their lives, realizing that they can achieve more as a team than they could on their own. There's so much talk of "independence" but we know that we need each other to survive, especially in our families.

We are interconnected with each of our family members, and each family member has strengths that can contribute to the family's success and happiness. As you begin your spring planting, remember to spend some time cultivating relationships, immediate and extended, that strengthen and support you and your family. Consider the gifts that you might bring to your family and make the most of them.



- Emily Patterson, MSW
APAC Family Support Worker

A note from the Director

Spring has sprung and April showers bring May flowers! But what happens when conditions are not as they need to be and blooming is not possible? When a flower doesn't bloom, the approach is to fix the environment, not the flower. One might fertilize the soil, repot, move the plant to a different location to provide more light or shade or moisture, etc.

This same analogy might be used for children fostered or adopted. When an adopted or fostered child has experienced multiple trauma and cannot bloom, the approach is to also work with the environment, not "fix the child." Traditional approaches to parenting children with trauma histories do not generally result in helping a child "bloom."

This newsletter is dedicated to planting the right seeds and cultivating healthy environments for foster and adopted children to bloom. The articles, written by an adopted child, relatives and friends of adoptive families, and adoption professionals, present a variety of perspectives of how the environment can be cultivated to facilitate "blooming." You will read of "cultivating relationships," creating and allowing "interdependence," learning and speaking to one's "love languages," "digging for resources," and even "reaching abroad." Please join us in creating an environment in which our children can "bloom."



- Debra Hawk Finley, MEd, MSW, LCSW, PIP
APAC Program Director

Change a Life Through Adoption

Visit our website: www.childreusaid.org/apac/adoption

Upcoming Orientations in June of 2016 for Birmingham & Mobile/Baldwin

APAC needs your help recruiting families for Alabama's "Waiting Children." If you would be willing to help, for example, adoptive families who are willing to be interviewed to share their story, or being one of our event speakers, please contact us.

1-866-ALKIDS

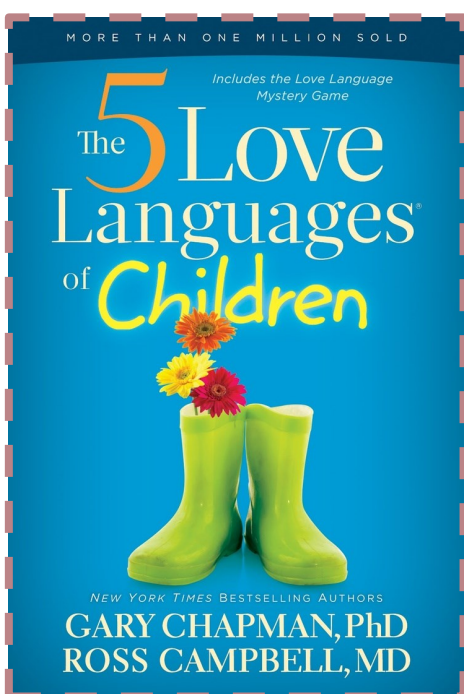
Find us on social media:

[Twitter@childreusaidorg](https://twitter.com/childreusaidorg) | [Facebook/childreusaid](https://facebook.com/childreusaid) | [Instagram/childreusaid](https://instagram.com/childreusaid)



"BUT I DON'T LIKE CHOCOLATE!"

What? You don't like chocolate? But everyone does right? Once I had a bad day and my friend came up to me and said "Hey, here's some chocolate to make you feel better!" I told her, "I do not really like chocolate, but I appreciate your thoughtfulness." A few weeks later, I was again stressed out and that same friend came up and handed me another piece of chocolate to make me feel better. She KNOWS I love peanuts, gum, and donuts. I thought, "Why does she do this when she knows it doesn't make me feel any better?" I realized it's because, if she were having a bad day, chocolate would make HER feel better. She LOVES chocolate! So how could it not work for me? I ended up feeling like she did not understand me, or really care how I felt or what would help. Is that true? No, not really. But, she clearly hasn't read *The 5 Love Languages*, a book by Gary Chapman. This book gives an excellent understanding of how important it is in relationships to understand your own "love language" as well as your partner's.



This concept can be applied to your children, your friends, anyone you know! When you understand what is important to someone else and can accommodate that, then they feel "heard" and "understood" and yes, "loved." Chapman identifies several ways that individuals seek to feel "loved" - some people want you to spend time with them, some like gifts, others want physical contact, and some thrive on compliments or "words of affirmation." As a therapist, I see this play out often in therapy sessions. The wife states she wants her husband to acknowledge all the work she does around the house. The husband says, I do tell her how much I appreciate her by bringing her flowers every Friday. However, she doesn't care about the flowers - she wants him to fix more things around the house. The husband also feels underappreciated because she doesn't kiss, caress, and cuddle without being cornered to do so. She states she is showing her love for him by vacuuming every day. He states he's never noticed, he doesn't care about the floors. Sound familiar? They focus on giving that which they would like to receive, instead of what the other wants to receive.

What if we focused on learning about our spouse's or our child's "love language" and attempted to speak that language instead of what works for us? It can make such a big difference when we are able to do so and it helps us connect on a deeper level, letting others know that we truly care about their feelings. The insight we can gain into what speaks to our children, will allow for an easy connection and in turn, they will open up to us because they will feel heard and valued. This concept seems so simple, even like common sense. But unless you think it through, really get to know what language that other person speaks, you may very well be handing them chocolate when the only thing that speaks to them is gum. I would encourage you to ask your spouse and children, "How do you know I love you?" The answer will likely lead you to their love language, the thing that you do or say that shows them you care. The Love Languages are just one way to look at how we can better cultivate relationships. No matter how you decide to approach building better relationships, remember that the end goal is to grow the bond between you and the other person.

- Jeannie Johnston, LCSW-PIP

YOU'RE DOING WHAT? SUPPORTING ADOPTIVE FAMILIES: A RELATIVE'S AND FRIEND'S EXPERIENCE



“The most important property of humankind is the capacity to form and maintain relationships. These relationships are absolutely necessary for any of us to survive, learn, work, love, and procreate.” stated Dr. Bruce Perry, M.D., PhD. According to Dr. Perry, human relationships take on many forms but the most intense are those with our loved ones and family members. Within the circle of loved ones and family members, we are bonded with “emotional glue.” Relationships with, and the involvement of extended family members in the adoption journey are often overlooked. So, I asked a relative and a friend to share their experience of my family’s adoption journey.

-An Adoptive Mother

A RELATIVE'S EXPERIENCE

I did not know they were adopting until the process had already begun. I was shocked when I found out. If I had known before they started the process, I would have asked why. With their experience in social service, the idea did make sense. After hearing their passion for adoption, it was easier to accept. I did not think it would affect me.

The hardest part of being a support system to an adoptive family of a child (with special needs) is that you do not always know what is going on. Sometimes, you are unaware of the root of the problem. You may not feel that your support is enough. You may not know what to say when the family is facing obstacles. You may not have a solution or a resource to offer. It can be difficult for the support system; however, the family benefits from you just being there when needed.

For those who are in a position to support an adoptive family, treat and love the child as family. Don't be a stranger to the child. He or she needs you just as much as the parent. You have to play an active role and show up when needed. Being able to have relief at times or someone to talk to when things are most challenging (whether it's about the child or not), having a listening ear or having someone to come over to help in a crisis or in an “I don't know what to do moment” is very important.



There have been several times that I have expressed to the parents that I didn't know how they do it. As a part of their support system, I have seen determination and faith that confirmed reasons as to why I am supposed to be with them through their adoption journey. It was challenging in the beginning, but I did not give up and would not change anything. The rewards in the end are great for everyone. Since the adoption of my niece, I have been involved in her life and have grown to love her. From the beginning, she called me Auntie and I refer to her as my niece. My niece was and still is depending on her family to support her as she continues to blossom and I cannot fail either of them.

- The Johnson Family

A FRIEND'S EXPERIENCE

When I learned she was adopting, I was happy for her, but not surprised. I believed that adoption was going to be an assignment from God for her. Initially, I did not think that the adoption would affect me. My goal was to be a support to my friend, wherever I could be. I was not sure what that support would look like at the onset of the journey. However, the adoption has affected me in some ways. When a child with special needs is adopted from the foster care system, I found that they may have some obstacles to overcome.

I found that I had to be more caring and patient because these obstacles cannot be overcome overnight. This experience has given me another perspective on what kids go through when they experience trauma, as well as realizing the phases of growth and development, such as having adequate social or comprehension skills. I realize that the kids cannot help what happened to them. As adults, when we experience trauma we try to deal with it before it affects other areas of our lives. I assumed that it would work for kids the same way – that if they were removed from the traumatic environment into a nurturing home that they would just “get over” what they’ve experienced and focus on what they now have (a loving family), which isn’t true. I found that not only do they have to deal with the past events that have occurred; they also have to figure out how their life should look now that they’ve been adopted. It takes trust and patience to see the kids through those phases.

The hardest part of being a support system to an adoptive parent of a special needs child is trying to create a balance between knowing when to spoil/love on the child and when to back up the adoptive parent’s goal of providing tough love. I found that it is one thing to be on the outside looking in and forming an assumption versus actually being in a particular situation day in and day out. At times I thought that my friend was really strict in some areas when maybe she didn’t need to be but then I realized that my friend would get the brunt of the child acting out because she was the enforcer of

rules, whereas I was a support that could provide solace or relief to both the parent and the child. She was the one who had to teach life skills and provide correction day in and day out, not me. I had to be considerate of my friend’s plight. However, the benefit of being a part of their support system is that I get to see a great child, who is now on her way to becoming a great adult, grow and flourish. Knowing that I had a small hand in that is a wonderful feeling.

For those who are in a position to support an adoptive parent, I would tell you to use the strengths that you have to the best of your ability. Your strengths will often be the very thing that will be the most useful when you are trying to provide support to an adoptive family. For instance, when the adoptive child came into our lives, I had no idea that I would be tutoring her in math – it was a subject that I was good in, but never really used. I ended up offering my services because I saw that as an adoptive parent, you may not have all of the resources that you would like to have to fulfill every need that the child has.

I also found that just being there for the parent is helpful. I have been one to listen to the frustrations of my friend, even at 1 or 2 in the morning. Sometimes I felt so bad because I felt that I had no helpful advice to offer in those situations, but she was appreciative with me just being a listening ear. Make sure that you consider the fact that you will have to provide consistent and dependable support. Remember, an adoptive child has had enough people walking in and out of their lives, especially when situations you may encounter get too hard. While being a support system can be hard work at times, the rewards are immeasurable. It will not be a cake walk and sometimes you may even question whether or not you are truly capable of providing adequate support, the desired results may not be immediate but keep going anyway. You would never be able to put a price on the positive changes that have taken place in the child’s life.

-The Head Family



APAC Resource Library is now online!

Visit our website or drop by our local APAC office to
browse the vast collection of resources,
or call our library directly to reserve items by phone

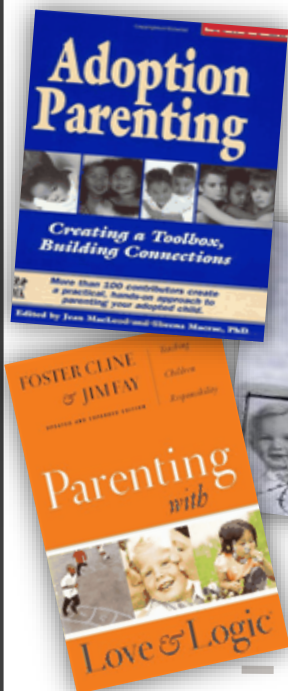
Request free online access!

For more details contact our library

www.childrensaid.org/apaclibrary

1-800-489-1886

Check out these tools for growing
healthy relationships!



*Adoption Parenting,
Creating a Toolbox,
Building Connections*

*Adoption Healing,
A Path To
Recovery*

Parenting with Love & Logic

Spring is here! It's time to
"dig in" and see all the
great resources that the
APAC Library has for
you and your family!



For further details and registration information, go to
www.childrensaid.org/apac

APAC Webinars

*Free Online Training for
Parents and Professionals*

Upcoming Live Webinar Events:

April 21

*Understanding
Sexualized Behavior in
Children*

May 12 *Building and
Strengthening
Adoptive Families*

June 7 *The Art of Play:
The Benefits of Being
a Playful Parent*

July 14 *The
Importance of
Trauma Informed
Care in Schools*

counselors corner

CULTIVATING YOUR FAMILY GARDEN

Growing up I can remember the small garden we had in our backyard. This was nothing like the generations before me that had gardens on their farm, which was life sustaining. They depended upon the harvest to provide food on the table. The generations before me put great care in preparing the soil, nurturing the plants, and the harvesting the crops. There is a process to planting a garden. Part of the beginning stages to having a successful garden is the cultivation. Cultivation is defined as to prepare and use land for crops or gardening. This could be done by plowing, digging, fertilizing, and weeding. This preparation is required for food to grow.

If one were to think of our family as a garden, cultivation is extremely important. Plowing gets the soil ready for planting. It takes flat ground and gives it edges and breaks up the dirt. We must do this sometimes in our family. We may have, like the soil, become hard and dry. In our family we may get stuck in the business of life. Getting children to school, going to work, heading to practice or games, completing homework, you know the drill. Adoptive children coming into a home that is dry and not prepared can struggle. They are expected to fall in line with our lives. Because their life may have been overtaken by the weeds, care needs to be given preparing everyone for this addition to the family. If you are like me and look at your yard, some plants, such as ivy and monkey grass, have become invasive and taken the beauty away from the flower beds.

Adoptive children's lives are much like this. These children have experienced trauma (weeds) in their lives. The beginning for them to be a great addition to your family is for them to see clearly through the weeds. When children are placed into your family, with preparation, they can grow. Traumatized children need to be able to own and tell their story. Planting traumatized children in your garden (home), means cultivating a family that is trauma informed to help your children grow into full bloom. In order for seeds to grow, the ground needs to be plowed and then dug. The digging is the readiness for the seeds to be planted. These children need homes where the soil has been dug. Both parents and children need fertilization to help grow a family. Seeds need to be nurtured and tended to in order to keep the weeds from coming back and taking over. The work you do as a family sets the soil for success. If you or your family would like some "gardening tips" to better understand trauma and its impact not only on the child but the family, feel free to contact us. We are glad to be able to help nurture families and tend to their garden.

- John M. Douglass, III, M.A., L.P.C.
APAC Family Counselor

APAC's statewide clinical team attended a two-day training on Trauma Focused-Cognitive Behavioral Therapy (TF-CBT). TF-CBT is an evidence-based treatment approach shown to help children, adolescents, and their caregivers overcome trauma-related difficulties. It is designed to reduce negative emotional and behavioral responses following child sexual abuse, domestic violence, traumatic loss, and other traumatic events. For more info visit the website: www.ChildWelfare.gov.

To schedule an appointment with a counselor to see if TF-CBT is right for your family, contact your local APAC office or visit our website for more information.

www.childrensaid.org/apac



Pictured from Left to Right: Kendra Alley (Huntsville area Counselor), Jill Sexton (Montgomery area Counselor), Cassie Maxwell (TF-CBT Trainer), John Douglass (Birmingham area Counselor), and Debra Fredenburg (Mobile area Counselor)

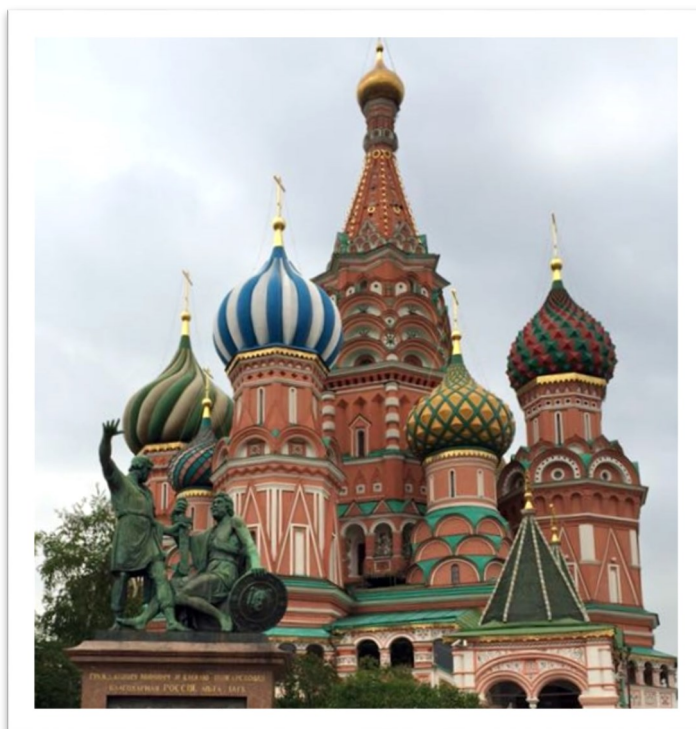
REACHING ABROAD

Throughout their adoption journey, Frank Daugherty and his son Matthew have appreciated the support of many individuals in their community, including the APAC program. Their relationships with various individuals have provided them with opportunities that have expanded their experiences. Those relationships have planted the seeds for personal growth that have encouraged Matthew to increase his connections and explore the world outside his backdoor. With the support of his father, the APAC staff, the University of South Alabama, the Gilman Scholarship, the US Federal Government, and Russia working cooperatively, Matthew was given an opportunity to immerse himself in another culture and cultivate positive relationships with others. Matthew wants others to learn of this opportunity.

- Debra Fredenburg, MSW, LCSW
APAC Counselor

Maybe you've been thinking you'd like to do something really fun while you're in college. Maybe something that will expand your horizons, push you out of your comfort zone and allow you to connect with others, something like go study in another country. That's exactly what I was thinking and exactly what I did when I applied for the Gilman Scholarship.

Through this scholarship I was able to spend 6 weeks building a relationship with other students, as well as our hosts, as we explored Russia. We spent five weeks in Moscow and one week in St. Petersburg where we stayed in a dormitory for Russian students at the Higher School of Economics. We were taught by Russian teachers, met Russian students and went on numerous excursions to places I never expected to see in my life, like the Kremlin, the Hermitage Museum, the Winter Palace, and an ancient Orthodox monastery. As Gilman Scholars, we were even invited to the Independence Day reception of the U.S. Embassy in Moscow, where we met U.S. Ambassador John F. Tefft. The Benjamin A. Gilman International Scholarship is a federal program that allows students receiving Pell Grants the opportunity to study abroad and learn another language. Awards may be as high as \$8,000. For more information about the Gilman Scholarship go to <http://www.iie.org/Programs/Gilman-Scholarship-Program>. The Gilman Scholarship might just be your key to a life-changing experience!



- Matthew H. Daugherty, Adoptee
Student at University of South Alabama

Adoptive Family Groups

Sharing life through community is part of who we are! Adoptive Family Groups have a pretty simple purpose – to bring people together to support each other. APAC desires to provide families an opportunity to connect on a regular basis with others who share similar interests and who may have shared experiences.

APAC is piloting a new structure for some of our traditional Adoptive Family Groups, called “Adoptive Family Group Series.” These series run for four months at a time and are topic-driven. After monthly meetings for a 4-month cycle, these pilot groups will take a break for several months. However, they don’t necessarily have to stop informally meeting together – families can plan trips to the park, meals together and etc. during the off months! After that break, a new series on a new topic will launch for another four months! It is our hope that families receive the coaching and support they need from the therapist leading the group, but that they will also make meaningful connections with other adoptive families in the group as well. With this in mind, one of the 4 months during the series will be set aside for families to just connect – over games, activities, etc. These nights are called *Connection Nights*. Childcare and fun, interactive Children’s Groups are still provided. See our list below and contact your regional Family Support Worker for more information!

Traditional Adoptive Family Group List

Calhoun County

2nd Thursday

6:30-8pm @ Greenbrier Church of Christ, Anniston

DeKalb County

4th Tuesday

6:00-7:30pm @ Rainsville Seventh-Day Adventist Church, Rainsville

Etowah County

3rd Thursday

6-7:30pm @ Christ Central United Methodist, Rainbow City

*Houston County

1st Monday

6-7:30 @ First United Methodist, Dothan

(childcare only)

Jefferson County East

1st Thursday

6-7:30pm @ Huffman United Methodist, Birmingham

Jefferson County Multi-Cultural

2nd Tuesday

6:30-8pm @ Children’s Aid Society, Birmingham

Madison County

2nd Monday

6-7:30pm @ Huntsville First United Methodist Church, Huntsville

Mobile County

4th Friday

6-7:30pm @ Regency Church of Christ, Mobile

Montgomery County

3rd Thursday

6-7:30pm @ Frazer United Methodist, Montgomery

Shelby County

1st Tuesday

6:30-8pm @ First United Methodist, Alabaster

New Adoptive Family Group Series

Autauga/Elmore County

4th Tuesday

6-7:30pm, First United Methodist, Millbrook

Baldwin County

3rd Thursday

6-7:30pm @ 3 Circle Church, Fairhope

Cullman County

1st Monday

6-7:30pm @ First United Methodist, Cullman

Geneva County

1st Monday

6:30-8pm @ First Baptist Church, Slocumb

Henry County

1st Tuesday

6-7:30pm @ Headland First Baptist, Headland

Jefferson County West

4th Thursday

6:00-7:30pm @ Pleasant Hill United Methodist, Bessemer

Lee County

1st Thursday

6-7:30pm @ Cornerstone Church, Auburn

Morgan County

2nd Thursday

6-7:30pm @ Central Park Baptist - Decatur

**All groups have parent sessions, child groups, and childcare unless otherwise indicated.*

Alabama's Waiting Children



Keisharia, born March 2002, is a pretty, sweet, and very outgoing young lady. She is friendly and social, always smiling and has a good sense of humor. Keisharia is very "girly" and likes to have her hair done, and she takes pride in her appearance. Keisharia needs an active family who enjoys participating in activities. Keisharia enjoys shopping and is a talented praise dancer. Her favorite restaurant is Chili's. She also loves Chinese food and volleyball. Keisharia's ideal family would be a single mom who is African American, with no other children; however, she would be open to a married couple with another teen female, or a toddler. She loves to spend one-on-one time with people.

Jerrell, born June 2007, is a joyful little boy. He receives special education services to help him succeed in school. Jerrell prefers to play outside. He enjoys playing basketball on a local community league. He especially likes to ride his scooter. He also enjoys playing video games. He tends to play by himself rather than with his peers. He would like to be a puppy because they make great pets and get lots of hugs. His favorite food is pizza, and his favorite restaurant is Pizza Hut. Jerrell does well with authority and has very few behavior issues. Jerrell would thrive in a forever family which he describes as a "forever home with a daddy and a momma."



Jordan, born May 2002, enjoys listening to music, shopping, painting her fingernails, and makeup. She is very outgoing and an outspoken child. She loves all things fashion, and she often picks unique statement pieces to incorporate within her wardrobe. Jordan has a wonderful sense of humor and makes friends easily. She likes to make others smile and laugh. Jordan sometimes needs support in maintaining positive behaviors and relationships. She has expressed that she would like a family who enjoys going places and doing fun activities. Jordan enjoys experiencing new places and meeting new people. Jordan would best benefit from a two parent home with or without other children.



Visit www.heartgalleryalabama.com to meet more kids waiting to be adopted or to inquire about any of the kids you see here.

Hunter, born March 2006, is an active and outgoing child. Hunter thrives on attention and affection from others, especially adult figures. He enjoys outside activities including sports, riding his bike, and playing video games. Hunter loves Chinese food and wants to go into the military when he grows up. Hunter likes to be involved in extracurricular activities and would thrive in an active two parent home. Hunter needs assistance with staying on task and focusing as he is easily distracted. He enjoys attending church where he participates in various activities. Hunter enjoys school and is on grade level. Hunter has a sociable personality and easily makes friends. Hunter needs a two parent family with no other children. Hunter desires a forever home that will be committed to him and love him unconditionally.



Scotty, born July 2001, is a very intelligent, polite young man who makes friends easily. He is respectful towards adults. Scotty is an avid reader who loves fiction, mythical books, and sometimes history. Scotty's favorite subject is math and his least favorite is science. He likes working on computers and aspires for a first career in the Air Force, and a second in anime character design. Scotty has asthma and uses an inhaler as needed. Scotty and his brother need a patient family who is nurturing and structured, with a strong male figure to spend time with them.



Brandon, born April 2005, is a very polite, affectionate, talkative and active boy who loves sports. His favorite sports are baseball, soccer, and basketball. Brandon's favorite subject is also math and his least favorite is reading. He loves the color red, and he really likes hot and spicy chicken. Brandon takes medication to help him stay on focus. He enjoys receiving and giving compliments to others. He also enjoys receiving hugs and communicates his feelings very well to others. Brandon and his brother are being recruited together and need a structured family who is patient and nurturing.



Demarcus, born June 1999, is very soft spoken. He will normally only speak when spoken to, but he will open up once he trusts you. He enjoys sports such as basketball and football. When he is not playing sports, he likes to draw and play videos. He wishes to visit Washington D.C. and see the White House. He also loves Olive Garden. Demarcus enjoys ushering at church and his favorite holiday is Thanksgiving. He does well in school, but struggles in math. He receives special education services to help him succeed in math. He has a desire to play in the NFL after he graduates college or join the Marines. Demarcus would like to maintain contact with his younger brother.



CHILDREN'S AID
SOCIETY

2141 14th Avenue South

Birmingham, AL 35205

P: 866.803.2722

F: 205.933.8152

E: cas@childrensaid.org

W: www.childrensaid.org

NONPROFIT ORG.
U.S. POSTAGE
PAID
PERMIT NO. 1873
BIRMINGHAM, AL

Connect With APAC

Central Office & Northern Region Birmingham Area

2141 14th Avenue South
Birmingham, AL 35205

P: 205.949.2722

F: 205.933.8152

TF: 866.803.2722

Southern Region Montgomery Area

500 Interstate Park
Suite 508

Montgomery, AL 36109

P: 334.409.9477

F: 334.409.9474

TF: 866.944.1044

Mobile Area

572 Azalea Road,
Suite 101

Mobile, AL 36609

P: 251.460.2727

F: 251.460.2729

TF: 800.489.1886

Huntsville Area

P: 256.539.5828

F: 256.536.9497

TF: 888.539.5828

Wiregrass Area

P: 334.409.9477

F: 334.409.9474

TF: 866.944.1044

APAC Adoption Services Help Line

866.803.2722



[twitter.com
/childrensaidorg](https://twitter.com/childrensaidorg)



[facebook.com
/childrensaid](https://facebook.com/childrensaid)

www.childrensaid.org/apac